

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1 Color me Calm (MR) (RL) 10:00am-11:00am Religious Service w/Pastor Blake (MR) 1:15pm- 3:00pm Residents Choice 3:15 pm - 4:45pm</p>	<p>2 Daily Chronicles (MR) 9:30am -10:15am Color me Calm (MR) 10:30am - 11:30am News & Views (MR) 2pm - 3pm Evening Movie (MR) 6pm-8pm <small>Purim Begins</small></p>	<p>3 Pep Talk (MR) 9:30am -10:15am Seated Zumba Dance w/Kev (MR) 10:45am-11:30am 2:15pm - 3:15pm Bingo (MR) Evening Movie (MR) 6pm-8pm</p>	<p>4 Fitness (MR) 9:30am -10:15am Memory Boxes Game (MR) 10:30am-11am Travelogue (MR) 2:15pm - 3:15pm Daily Chronicles (RL) (MR) 6pm-7pm</p>	<p>5 Chair Stretches (MR) 9:30am-10:30am (MR) 10:30am - 11:30am Morning Reflection (MR) Name that Tune (MR) 2pm - 3pm</p>	<p>6 Daily News (MR) 9:30am -10:15am Social Interaction (MR) 10:30am - 11:30am Happy Hour (MR) 2:15pm - 3:15pm</p>	<p>7 Daily News (MR) 9:30am -10:15am Meditation (MR) 10:30am - 11:30am Music Appreciation (MR) 2pm - 4pm</p>
<p>8 Color me Calm (RL) (MR) 10:00am-11:00am Religious Service w/Pastor Blake (MR) 1:15pm- 3:00pm Evening Movie (MR) 6pm-8pm <small>Daylight Saving Time Begins</small></p>	<p>9 Daily Chronicles (MR) 9:30am -10:15am Color me Calm (MR) 10:30am - 11:30am Board Games 2:15 pm - 3:15pm</p>	<p>10 Morning Social (MR) 9:30am -10:15am Move to the Beat (MR) 10:30am-11:30am Gold tones w/Vito (MR) 2pm-3pm Documentary (MR) 6pm-7pm</p>	<p>11 Sit & Fit (MR) 9:30am -10:15am Lunch out to Apple Bees 11:30am-1:30pm Women's Club (MR) 2:30pm - 3:30pm</p>	<p>12 Daily Chronicles (MR) 9:30am -10:15am Health & Wellness (MR) 10:30am - 11:30am Flower Pot Painting (MR) 2:15 pm - 3:15pm</p>	<p>13 Fitness Friday (MR) 9:30am -10:15am Bible Talk (MR) 10:30am - 11:30am Down the memory Lane (MR) 2pm-3pm Ted Talk (MR) 6pm-7pm</p>	<p>14 Word Search (MR) 9:30am -10:15am Chat w/Sandra (MR) 10:30am - 11:30am Bingo Fun (MR) 2pm - 3pm Evening Movie (MR) 6pm-8pm</p>
<p>15 Color me Calm (RL) (MR) 10:00am-11:00am Religious Service w/Pastor Blake (MR) 1:15pm- 3:00pm Domino Game *RL* (MR) 6pm-7pm</p>	<p>16 Daily Chronicles (MR) 9:30am -10:15am Word in the Word (MR) 10:30am - 11:30am Creative Coloring (MR) 2:15pm - 3:15pm</p>	<p>17 Exercise (MR) 9:30am -10:15am Cookie Social (MR) 10:30am - 11:30am St. Patrick's Day Observation. (MR) 2pm-3pm <small>St. Patrick's Day</small></p>	<p>18 Affirmation (MR) 9:30am -10:15am Shop @ Burlington 10:30am-12:30pm Read a Book 2:30pm-3:30pm YouTube Pep talk (MR) 6pm-7pm</p>	<p>19 News & Views (MR) 9:30am -10:15am Hang Man (MR) 10:30am - 11:30am Food committee & Residents council Meeting (DR) 1:40pm - 3pm Documentary (MR) 6pm-7pm</p>	<p>20 Chair Exercise (MR) 9:30am -10:15am Bible Talk (MR) 10:30am - 11:30am Spring Artistry (MR) 2pm-3pm Birthday Party w/DJ Mike 6pm-7pm <small>Spring Begins</small></p>	<p>21 Daily Chronicles (MR) 9:30am -10:15am Word Search (MR) 10:30 am- 11:30am Talent Show (MR) 2pm - 3:30pm Documentary (MR) 6pm-8pm</p>
<p>22 Color me Calm (MR) (RL) 10:00am-11:00am Religious Service w/Pastor Blake (MR) 1:15pm- 3:00pm Residents Choice 3:15 pm - 4:45pm</p>	<p>23 Color Me Calm (MR) 9:30am -10:15am Daily Chronicles (MR) 10:30am - 1:30pm Crossword Puzzle (MR) 2:00pm - 3:00pm</p>	<p>24 Fitness (MR) 9:30am -10:15am Daily Chronicles (MR) 10:30am - 1:30pm Men's Club (MR) 2:30pm - 3:30pm Read a Book *RL* (MR) 6pm-7pm</p>	<p>25 Sit & Fit (MR) 9:30am -10:15am Lunch out to IHOP 11am - 1:30pm Funny Jokes (MR) 2:00pm - 3:00pm</p>	<p>26 Seated Exercise (MR) 9:30am -10:15am Finish the Phrase (MR) 10:30am-11:30am (MR) Movie & Snack (MR) 2pm-4pm</p>	<p>27 Today's headline (MR) 9:30am -10:15am Walk with Friends (MR) 10:30am - 11am Cooking Group (MR) 2:30pm-3:30pm Documentary (MR) 6pm-7pm</p>	<p>28 What's in the News (MR) 9:30am -10:15am Affirmation (MR) 10:30 am- 11:30am Lively Minds w/Cohen (MR) 3pm - 4pm</p>
<p>29 Daily Chronicles (RL) (MR) 10am-11am Religious Service w/Pastor Blake 1:15pm - 3pm Puzzle Game (RL) 5pm-6pm (MR) <small>Palm Sunday</small></p>	<p>30 Daily Chronicles (MR) 9:30am -10:15am Color me Calm (MR) 10:30am - 11:30am Matinee Movie (MR) 2pm - 4pm</p>	<p>31 Joints in Motion (MR) 9:30am -10:15am Morning Chat (MR) 10:30am-11:30am Wheel of Fortune (MR) 2:15pm-3:15pm Documentary (MR) 6pm-7pm</p>	<p style="text-align: right;">Robert, S</p> <h1 style="text-align: center;">March 2026</h1> <p>Activities & outing trips are subject to change. Any new changes will be announced and posted. All Activities are held in the Movie Room (MR), unless indicated elsewhere. *Location Key* Movie Room (MR) Dining Room (DR) Lobby (L) Activity Room (AR).</p>			

Activity Programs will be held by Sandra Yeboah, Activity Director. *Country Kitchen is served daily*

